



# Haydock High School PE Department – Curriculum

## **Aims of the department**

The PE department aims to provide pupils with access to a wide range of practical sporting experiences, which enable them to develop skills that they can transfer across sports and activities. Within theory lessons the curriculum will enable pupils to understand the link between diet and performance, training and performance and how sports technology has enhanced sport in recent years.

## **Ethos**

The curriculum has been developed to allow pupils to access a range of individual and team sports and activities giving them the opportunity to develop a love for a sport or activity that they could continue with in later life. We encourage team work and build on developing social skills and resilience. Within theory lessons the curriculum has been selected to allow pupils to link what they are learning theoretically to a practical setting.

Through theory lessons we ensure that pupils have time to discuss relevant sporting examples that highlight what is currently going on in the world of sport.

The PE department aims to deliver lessons where pupils are able to challenge themselves and succeed and make progress.

We aim for pupils to develop a range of skills that they can both transfer across sports and activities but also qualities that are transferable across other subjects.

Within PE we aim for pupils to have a good understanding of the different types of sport that is available both to them locally and within a wider setting. This will also encompass the sporting events that happen on the worldwide stage.

Pupils will develop their numeracy and literacy within PE by analysing results, taking heart rates and fitness test reading. As well as ensuring that pupils develop their spoken and written language by using the correct terminology.

## **Educational Visits**

Edge Hill

Royal Marines

UCLAN

## **Extra Curricular**

Pupils will have the opportunity to represent the school in a number of different sporting teams throughout the academic year. A full range of lunchtime and after school activities support the



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school's enrichment timetable. The department is inclusive in nature and has supported students of all sporting abilities through participation in activities such as Boccia tournaments.

## **Homework**

Pupils will receive homework based on the theoretical unit that they are working on. All homework will be set using the school's policy and will be shown on Edulink.